

LESSON PLAN

1

DIAMOND RANKING ACTIVITY

Click on each of the symbols to learn more!



We throw away almost 2.5 billion tons of food every year!



The food we waste is responsible for 10% of global greenhouse gas emissions, way more than all the emissions we generate from flying and producing plastic!



Less than 10% of the food we currently waste would be enough to feed all the undernourished people in the world.



Producing food requires a lot of water. To make one burger, we need almost 2,500 litres of water (or 660 gallons). This means that when you throw away one burger, you waste as much water as if you would shower for one and a half hours!



Food preparation and household consumers cause the waste of 900,000 tonnes of bread every year!



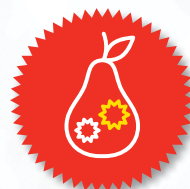
Fruit and vegetables are the most important food groups as they provide your body with a lot of vital nutrients. Every year, one third of all fruit and vegetables do not even make it to our store shelves!



If food waste was a country, it would be the third biggest emitter of greenhouse gases after the US and China.



Bread is the most wasted food in the UK.



Too often we throw away fresh produce because it looks "ugly". However, a bruise on an apple or a yellow leaf on our salad head does not immediately mean that we cannot eat them!